SIR C R REDDY COLLEGE FOR WOMEN

(Affiliated to Adikavi Nannaya University, Rajahmahendravaram)
Vatluru (Post), Pedapadu Mandal, Eluru Dist., (A.P)

Programme on

SUSHUMNA KRIYA YOGA

Resource Person

Smt.B.Vasanthi Garu

Date: 01-08-2022 to 03-08-2022

Time: 09.30 AM to 10:30 AM

Venue: Seminar Hall

Organized by

5th CRITERIA

PERMISSION LETTER

Eluru,

27-07-2022.

From

K. Sirisha,

Lecturer in Physics,

Sir C.R. Reddy College for Women,

Eluru.

To

The principal,

Sir C.R. Reddy College for Women,

Eluru.

Respected madam,

Subject: Request to grant permission to conduct a programme on "Sushumna Kriya Yoga".

This is to bring to your kind notice that members of 5th Criteria wish to conduct a programme on "Sushumna Kriya Yoga" by Smt. B. Vasanthi Garu. In this context, we request you to give permission to arrange the programme for all I and II year students on 01-08-2022.

Thanking you madam,

Permitted

yours sincerely,

SIR C R REDDY COLLEGE FOR WOMEN

(Affiliated to Adikavi Nannaya University, Rajahmahendravaram)
Vatluru (Post), Pedapadu Mandal, Eluru Dist., (A.P)

NOTICE

Date: 29-07-2022.

This is to inform that, is going to conduct the programme on "Sushumna Kriya Yoga" on 01-08-2022 at 10Am for all I & II year students.

As a part of this Smt. B. Vasanthi Garu will deliver her presentation on 1st August 2022. In this context, we request all the I & II year students to attend the programme without fail.

BRIEF NOTE

5 Criteria has organized a Sushumna kriya yoga on,yoga mudra ,concentration of breathing ,omkara,and third eye concentration for all the First year and second year students to gain concentration of positive thinking and to overcome the negative thinking.

· This programme is conducted from 1-08-2022 to 3-08-2022. Under the supervision of B.Vasanthi madam. Vasanthi madam educates all the students about the importance of sushumna kriya yoga.

NACCS

SIR C R REDDY COLLEGE FOR WOMEN

(Estd : 1987)

(Affiliated to ADIKAVI NANNAYA UNIVERSITY, Rajamahendravaram)
An ISO - 9001:2015, 14001:2015, 50001:2018 Certified Institution
UGC 2(f) certified institution
Vatluru, Eluru - 534007

e-mail : sircrrwomen.principal@gmail.com
Website : www.sircrrwomen.ac.in
Phone : 08812-231192

Criteria-5

20 - 20

ATTENDANCE SHEET

Program Name : Sushumna Kriya Yoga
Class : BSc 1st Years.
Semester : II
Date & Time 03/8/2022

S.No	Roll No.	NAME OF THE STUDENT	SIGNATURE
1.	4.	Parasa Lavanya	P. Lavanya
2.	6	Dalli lavanya Durga	D. lavanya Durga.
3.	5	Daddigarala Deepika	D. Deepika
4	10	vejju varalakshmi Devi	V. varalakshmi Devi
5	11	Dadda. Saidurga	D. Sai durga.
6	2	Senapathi Pavani	S. Pavani
7	12	Allam Bindu Sivanagesvari	A. Bindu
8	7	Bachu. Durga	B. Durga

Signature of the Lecturer
P. Jyothi.

Electronics

S.NO		Name of the Student	Signature of the student
1.		M.G.L. Pravallika	M.G.L. Pravallika
2.		K. Navya Sri.	K. Navya Sri
3.		A. Sravani	A. Sravani
4.		B. Jahnavi	B. Jahnavi
5.		U. Niharika	U. Niharika
6.		M. Durga	M. Durga
7.		M. Puma saisri	M. P. saisri
8.		Ch. Mounika	Ch. mounika
9.		B. Sujatha	B. Sujatha
10.		B. Jesvitha	B. Jesvitha
11.		P. Pudu supra siri	P. Pudu supra siri
12.		J. Saraswathi	J. Saraswathi
13.		B. Kethana devi	B. Kethana devi
14.		K. Thanu Sri	K. Thanu Sri
15.		B. Yamini nagarajeswari	B. Yamini.
16		P. Bhavya	P. Bhavya
17.		G. Chandu Priyanka	G. Chandu Priyanka
18.		B. Navya	B. Navya
19.		M. N. Sri vyshnavi	M. vyshnavi

Signature of the Lecturer

P. Jyothi.

Physics

S.No	Roll	Name of the Student	Signature of the Student
1		K. Bhanu Pravathi	K. Bhanupravathi
2		K. Usha	K. Usha
3		R. Haveela.	R. Haveela.
4		R. Bhuvaneswari	R. Bhuvaneswari
5		D. Naga Sri	D. Naga Sri
6		P. Gayathri	P. Gayathri
7		K. Manju latha	K. Manju latha
8		L. Navya kumari	L. Navya kumari
9		M. Preethi	M. Preethi
10		A. Aamani	A. Aamani
11.		B. Ravithreni	B. Ravithreni
12.		B. Vinathi	B. Vinathi
13.		G. Harika	G. Harika
14.		R. Suma sri	R. Suma sri
15.		D. priyanka	D. priyanka
16.		M. Mounika	M. mounika
17.		J. Radhika	J. Radhika
18.		Sd. Karishma	Sd. Karishma
19.		N. Prava	N. Prava
20.		K. Priyanka bai	K. Priyanka bai
21		K. Premitha Ratnam	K. Premitha Ratnam
22		J. Nagavalli	J. Nagavalli
23.		ch. likhi sharon	ch. likhi Sharon.

signature of the lecturer

P. Jyothi.

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Criteria-5

2021 - 2022

ATTENDANCE SHEET

Program Name : Shushmna Koriya yoga

Class : B.Sc 2nd years

Semester : 3rd

Date & Time 01/08/2022

S.No	Roll No.	NAME OF THE STUDENT	SIGNATURE
1.	224068	R. Jhani kumari	R. Jhani kumari
2.	224063	G. Sivanya	G. Sivanya
3.	229034	T. Susmitha	T. susmitha.
4	221009	M. Venkata Dhanalakshmi	M. Venkata Dhanalakshmi
5.	221022	G. Bhargavi	G. Bhargavi
6.	222072	S. Vijitha	S. Vijitha
7.	229009	T. Durga	T. Durga
8.	229007	M. Rakshitha	M. Rakshitha
9.	229025	N. kalpamsiva kumari	N. kalpamsivakumari
10.	229011	A. Harika	A. Harika
11.	229029	S. Gowthami	S. Gowthami
12.	229031	S. Ganga Naga Nikam bila	S. G. N. Nikambila
13.	229002	B. Hemasri	B. Hemmasri
14.	229022	M. Hema pavani kumari	M. Hema pavani kumari
15.	229005	K. Veera swapna sri	K. Veera swapna sri.
16.	229012	A. krishna Priyanka	A. krishna Priyanka
17	229019	G. Gayatri	G. Gayatri

Signature of the Lecturer
P. Jyothi

S.NO	Roll No	NAME OF THE STUDENT	SIGNATURE
1	224052	CH. Pallavi	ch.Pallavi
2	224054	P. Sravani Sandhya	P. S. Sandhya
3	224055	R. Likitha	R. Likkitha.
4	224056	Y. Anjali	
5	224058	CH. Divya sree	Ch. Divya Sri
6	224059	Chandini pingala	P. Chandini
7	224060	CH. Kalyani	Ch. Kalyani
8	224061	D. Deevena	Deevena
9	224062	D. Sudha Rani	D. Sudha Rani
10	224063	G. Shivanya	G. sivanya.
11	224064	K. Sai pallavi	K. Sai pallavi
12	224065	K. Parimala	K. Parimala
13	224066	N. Ramya Sri	N. Ramya sri
14	224067	P. Hemasri	P. Hema Sri
15	224068	R. Jhani kumari	R. Jhani kumari
16	224069.	Sk. Nageena sulthana	Sk. Nageena Sulthana.
17	224070	S. Renuka	S. Renuka.
18	224071	T. Deepika	T. Deepika
19			
20			
21			
22			

Signature of the lecturer

P. Jyothi

18	226023	K. Manasa Sai	K. Manasa Sai
19.	222010	B. Vijaya lakshmi	B. Vijayalakshmi
20	222035	K. Katyayani	K. Katyayani
21	222061	P. Priyanka	P. Priyanka
22	222057	P. Vidhyadhari	P. Vidhyadhari
23	226009	B. Sunitha Rani	B. Sunitha
24	226018	G. Harika sri	G. Harika sri
25.	226046.	U. Sowmya	U. Sowmya.
26.	223705	B. Manideepika	B. Dipika
27	226045	T. Amulya	T. Amulya
28	226049.	V. Puja sri	V. Puja sri
29.	226040	SHAIK AYESHA	shaik. Ayesha.
30.	226041	sk. chandinisulthanabegum	sk. Chandinis B.
31.	226021	J. Bhavyasri	J. Bhavyasri
32.	226043.	S. Hema Sai Sri	S. Hema Sai Sri
33	221008	K. Sirisha	K. Sirisha
34	221002	A. Srujana	A. Srujana
35	221010	N. Lisritha	N. Lisritha
36	221004	B. Geetha Gayatri	B. Geetha Gayatri
37	221005	Ch. Devi	Ch. Devi
38	221011	N. Pavithra.	N. Pavithra.
39	221012	P. Sruvana	P. Sruvana
40	221009	M. venkata Dhanalakshmi	M. V. Dhanalakshmi
41	221001	M. Pavani	M. Pavani
42	221006	D. Vara lakshmi	D. Vara lakshmi
43	221013	V. Sirisha	V. Sirisha
44.	221014	V. Harshitha	V. Harshitha.

MPC

Signature of the lecturer

P. Jyothi.

MPCS

S.NO	Roll.NO	Name of the Student	Signature
1.	222001	B. Swathi	B Swathi
2.	222002	M. Archana	
3.	222003	N.S.P.S. varshini	N.S.P.S. varshini
4.	222004	A. Noushad Begam	A. Noushad
5.	222005	A. Dhana Vasavi	
6.	222006	~~A.~~ Govardhana kumari	A.G. Kumari
7.	222007	A. Vijaya lakshmi	A. Vijaya lakshmi
8.	222008	B. Kavya Raji	B. Kavya Raji
9.	222009	B. Vara lakshmi	
10.	222010	B. Vijayalakshmi	B. Vijayalakshmi
11.	222012	B. Lavanya	B. Lavanya.
12.	222013	B. pavithra.	B. pavithra.
13.	222014	B. Sireesha	
14.	222015	B. Ramini radha.	B. Ramini radha.
15.	222016	Ch. Hari chandana	Ch. Hari chandana
16.	222017	ch. lakshmi Ramya sri	ch. lakshmi ramya sri
17.	222018	Ch. Leela mahesuari	Ch. Leela maheswari
18.	222020	D. Mydhili	D. Mydhili
19.	222021	G. yamini Durga	G. yamini Durga
20.	222022	G. Bhargavi	G. Bhargavi
21.	222023	G. pavani Sirisha	G. pavani Sirisha
22.	222024	I. Keerthi	I. Keerthi
23.	222025	J. lakshmi charanya	J. L. charanya.
24.	222026	K. yesuDeevena.	K. yesuDeevena.
25.	222027	K. Swapnika priya	
26.	222028	K. Harika	K. Harika
27.	222029	K. pujitha	K. pujitha.
28.	222030	K. Kusuma sri	
29.	222031	K. Gayatri surya priyanka	
30.	222032	K. Deepika.	K. Deepika

Signature of the lecturer

D. Jyothi

MCCC

S.NO	Roll. No	Name of the Student	Signature
1.	226046	U. Sowmya	U. Sowmya
2.	226018	G. Harika sri	G. Harika sri
3.	226007	A. Rajasri	A. Rajasri
4.	226014	ch. Madhu Manasa	ch. Madhu Manasa
5.	226024	K. Harshitha	K. Harshitha
6.	226029	M. Rajitha	M. Rajitha
7.	226006	A. Geetha	A. Geetha
8.	226001	ch. Navya	ch. Navya
9.	226049	V. Puja sri	V. Puja sri
10.	226023	K. Manasa Sai	K. manasa sai
11.	226042	Sk. Ramzanbi	Sk Ramzanbi
12.	226040	SHAIK. AYESHA	SK. Ayesha
13.	226038	P. Thainika	P. Thainika
14	226032	P. sravani	P. Sravani
15	226039	S. priya	S. Priya
16	226004	A. Naga Bhavani	A. Naga Bhavani
17.	226005	A. Alekhya Devi	A. Alekhya Devi
18.	226045	T. Amulya Ratnanjali	T. Amulya
19.	226027	K. Sowmya	K. Sowmya
20.	226011	ch. Pooja Ramani	Pooja Ramani
21	226009	B. Sunitha Rani	B. Sunitha Rani
22	226025	K. Bhagyasri	K. Bhagyasri
23	226013	ch. Nandini	ch. Nandini
24	226047	V. Sravanthi	V. sravanthi
25	226051	P. Mamatha	P. Mamatha
26.	226048	V. Prathyusha	V. Prathyusha
27	226001	T. sandhya	T. sandhya
28	226015	Ch. Jhansi	Ch. Jhansi
29	226028	M. Tejaswini	M. Tejaswini
30	226016	ch. Jyothanjali	ch. Jyothanjali

Signature of the lecturer

MCCS

S.No	Roll.No	Name of the student	Signature.
1.	223705	B. Manideepika	B. deepika
2.	223702	K. Likhitha	K. likhitha
3.	223701	G. Haritha kumari	G. Haritha kumari
4	223703	M. Mydhili	M. Mydhili
5	223720	M. Sri vyshnavi	M. Sri vyshnavi
6	223711	G. Maulika	G. Maulika
7	223713	G. Vennela Ganga	G. Vennela Ganga
8.	223716	K. Pangamma.	K. Pangamma
9.	223724	P. Anjani sri	P. Anjani sri
10.	223714	K. Nomithra	K. Nomithra
11.	223719	G. Kavya	G. Kavya.
12	223704	A. Nikhila	A. Nikhila
13	223717	K. Anusha	K. Anusha
14	223722.	P. Naga Jyothsna	P. Jyothsna
15	223715.	K. Sri Harshitha	K. Sri Harshitha.
16	223706	B. Saumya Sai krishna Bhavani	B. Saumya
17.	223725	R. Rohitha.	R. Rohitha.
18.	223721	M. Khyathi	M. Khyathi
19.	223723	P. PRASANNA	P. Prasanna

Signature of the lecturer

P. Jyothi.

MSCS

S.No	Roll.No	Name of the Students	Signature
01	229015	ch. Anusha	ch. Anusha
02	229026	P. Leela Maheswari	P. Leela Maheswari
03	229028	R. Robini	R. Robini
04	229014	B. Feshani	B. Feshani
05	229010	Y. Pooja	Y. Pooja
06	229038	V. Bhavyasri	V. Bhavya Sri
07	229020	K. Jahnavi	K. Jahnavi
08	229021	K. Sandhya	K. Sandhya
09	229004	H. Anuradha	H. Anuradha
10	229039	Y. Hemasridurga	Y. Hemasridurga
11	229037	V. Sravani	V. sravani
12	229017	Ch. Nilitha Sai	ch. Nilitha
13	229012	A. Krishna Priyanka	A. Krishna Priyanka
14	229005	K. Veera Sabha Sri.	K. veera Sabha Sri...
15	229019	G. Gayatri	G. Gayatri
16	229023	M. Bala Harshitha.	M. Bala Harshitha.
17	229032	S. Bhavana.	S. Bhavana
18	229027	P. Leela Supriya	P. Leela Supriya
19	229024	M. Pujitha	M. Pujitha
20	229002	B. Hema Sri	B. Hema Sri.
21	229009	T. Durga	T. Durga.
22	229029	S. Gowthami	S. Gowthami
23	229011	A. Harika	A. Harika
24	229025	N. Kalpana siva kumari	N. kalpana siva kumari
25	229034	T. Susmitha	T. Susmitha.
26	229007	M. Rakshitha	M. Rakshitha.
27	229022	M. Hema pavani kumari	M. Hema Pavanikumari
28	229031	S. Ganga Naga Nukambika	S. Ganga Naga Nukambika

Signature of the lecturer

P. Jyothi.

S.NO	ROLL NO	Name of the student	Signature
1.	222628	Reddy. Durga Sravani	R. D. Sravani
2.	222615	G. Nandini	G. Nandini
3.	222616	K. Deepika	K. Deepika
4.	222634	T. Sandhya	T. Sandhya
5.	222626	P. Sailu.	P. Sailu.
6.	222614	G. Meghana.	G. Meghana.
7.	222632	T. Bhargavi	T. Bhargavi
8.	222620	M. Vijaya Durga	M. Vijaya Durga
9.	222613	D. Deepika Lakshmi	D. Deepika lakshmi
10.	222607	B. Devika	B. Devika.
11	222623	P. Baby Raja Sri	P. Baby Raja Sri
12	222618	K. Bhavani	K. Bhavani
13.	222619	K. Vardhini	K. Vardhini
14	222635	V. Jithapragna	V. Jithapragna
15	222610	Ch. Mani Deepika	Ch. Mani Deepika

Signature of the lecturer

P. Jyothi.

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Vatluru, Eluru - 534007

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Criteria-5

2021 - 2022

ATTENDANCE SHEET

Program Name : Shushmna Kriya Yoga.

Class : BSc 2nd Years

Semester : IIIrd

Date & Time 2/08/2022

S.No	Roll No.	NAME OF THE STUDENT	SIGNATURE
1	2282039	M. Gnaneswari	M. Gnaneswari
2	2282013	A. Vishnu priya	A. Vishnupriya
3	2282045	M. Mary Ratnam	M. Mary Ratnam
4	2282078	N. Jyothi	N. Jyothi
5	2282100	T. Binny	T. Binny
6	2282074	K. Maneesha.	K. Maneesha
7	22802089	S. Sharon	S. Sharon
8	2282089	S. Sharon	S. Sharon
9	222623	P. Baby Raja Sri	P. Baby Rajasri
10	2282026	J. Divya Jyothi	J. Divya Jyothi
11	2282047	M. Sumitra	M. Sumitra
12	2282033	N. Ramya	N. Ramya
13	2282014	B. Thanuja	B. Thanuja
16	2282024	K. Asritha	K. Asritha
17	2282015	G. Anitha	G. Anitha
18	2282017	G. Hemalakshmi	G. Hemalakshmi
19	222611	Ch. Ramya Sripriya	Ch. Ramya Sri Priya

Signature of the Lecturer

P. Jyothi.

20.	222634	T. Sandhya	T. Sandhya
21	222615	G. Nandini	G. Nandini
22.	222616	K. Deepika	K. Deepika
23.	222624	P. Sivani	P. Sivani.
24	222610	Ch. Mani Deepike	Ch. Mani Deepika
25.	222633	T. Vijaya	T. Vijaya
26.	222607	B. Devika	B. Devika
27.	222629	B. Pravalika	Pravalika
28.	222608	B. Madhuri srivarsha	[illegible]
29	222631	Sk. Nasrin	Sk. Nasrin
30	228105	A. Raga lahari	A. lahari
31.	228108	B. Gnanari Devi	B. Gnanari Devi
32.	228125	K. Dimple	K. Dimple
33.	228134	N. Dharani Naga santhoshi	N. Dharani
34.	228151	V. Revathi	V. Revathi
35	224030	P. Anusha.	P. Anusha
36.	224004	M. pujitha	M. pujitha
37.	224016	D. Divya	D. Divya
38.	224023	K. Kavya	K. Kavya
39	224027	M. Jahnavi	M. Jahnavi
40	224017	G. Lilchitha	G. Lilchitha
41.	228103	P. Jhansi	P. Jhansi
42.	228114	G. Rishitha	G. Rishitha
43.	224002	J. Ramya sri	J. Ramya Sri
44.	224006	P. Sai Giri	P. Sai Giri
45.	224032	V. Leelavathi	V. Leelavathi
46.	224007	P. Soujanya	P. Soujanya
47.	228104	T. Indu	T. Indu.
48.	2282004	B. Pravallika.	B. Pravallika
49.	2282003	B. syamala	B. syamala
50.	228102	G. Praveena	G. Praveena

Signature of the Lecturer

P. Jyothi.

51	2282051	P. Ramadevi	P. Ramadevi
52	2282034	K. Keerthi	K. Keerthi
53	2282032	K. Lakshmi	K. Lakshmi
54	2282007	ch. Renuka	ch. Renuka
55	224005	M. Durga Mahesvari	M. D Mahesvari
56	2282056	J. Dharma Tejaswi	J. Dharma Tejaswi
57	2282103	V. Mounika	V. Mounika
58	2282104	V. Poojitha	V. Poojitha
59	2282096	T. Sirisha	T. Sirisha
60	2282087	R. poojitha	R poojitha
61.	2282064	T. Revathi	T. Revathi
62.	2282101	T. Mounika	T. Mounika
63	228137	P. Bhagyalakshmi	P. Bhagyalakshmi
64.	222605	V. Rampandu	V. Rampandu
65.	222613	D. Deepika Lakshmi	D. Deepika lakshmi
66	222620	M. Vijaya Durga	M. Vijaya Durga
67.	222619	K. Vardhini Sai lakshmi	K. vardhini
68.	222618	K. Bhavani	K. Bhavani
69.	222635	V. Jithapragna	V. Jithapragna
70.	222625	P. Sushmasri	P. Sushmasri
71	222604	B. Sneha	B. Sneha
72	222617	K. Naga Alekhya	K. Alekhya
73	222627	P. Jahnavi	P. Jahnavi

Signature of the Lecturer

P. Jyothi.

74	222602	G. Sindhuja	A Sindhu
75	222630	K. Vamitha	K. Vamitha
76	222606	A. Rachel Jyothi	A. Rachel Jyothi
77	224013	B. Lakshmi Phani Devi	B. Lakshmi Phani Devi
78	224020	G. Rashmi	G. Rash
79	224029	M. Prabhu Jyothi	M. Prabhu jyothi
80.	224031	V. Geethika	V. Geethika.
81.	224008	S. Bhanu	S. Bhanu.
82.	224021	J. Pushpa hasini	J. Pushpa hasini
83	224028	M. Meghana	M. Meghana
84.	224019	G. Niharika.	G. Niharika.
85.	224006	P. Saisiri	P. Saisiri
86.	224007	P. Soujanya	P. Soujanya
87.	224017	G. Lekhitha	G. Lekhitha.
88.	224018	G. Durga Satwika	G. Durga Satwika
89.	224026	M. Vineela.	M. Vineela.
90	224003	K. Indu	K. Indu
91	224034	Y. Manoja	Y. Manoja

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Criteria-5

2021-2022

ATTENDANCE SHEET

Program Name : shushmna kriya yoga
Class : Bsc 2st Years
Semester : 2
Date & Time 3/08/2022

S.No	Roll No.	NAME OF THE STUDENT	SIGNATURE
1.		R. chitti	chitti.
2.		B. Deepthi	Deepthi.
3.		G. Surekha	Surekha
4.		K. Sravani	Sravani.
5.		D. Sadhvika	Sadhvika
6.		S. Lakshmi	Lakshmi
7.		N. Bhavani	Bhavani
8.		M. Devi	Devi
9.		S. Ramya	Ramya
10.	12	K. Syamala	K. Syamala
11.		G. Vasavi SRI SAI	G. vasavi sri Sai
12.		~~D. Anoh~~ U. Varshini	U. varshini

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P. Jyothi.

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Criteria-5

2021 - 2022

ATTENDANCE SHEET

Program Name : Shushmna kriya yoga
Class : BSc 1st Years
Semester : I
Date & Time 3/08/2022

S.No	Roll No.	NAME OF THE STUDENT	SIGNATURE
1.		G. Supriyanka	G. Supriyanka
2.		N. Swathi	N. Swathi
3.		M. Pragadhi	M. pragadhi
4.		B. Nandini	B. Nandini
5.		J. Chaitanya	J. Chaitanya
6		T. Pravali	T. Pravali
7.		K. Asritha	K. Asritha.
8.		T. Prasnna	T. Prasnna.
9.		V. Yamini	V. Yamini
10.		V. SASI	V. SASI
11		Krupa Rani. A	Krupa
12.		M. Sri Lakshmi	M. Sri Lakshmi
13.		K. Manasa.	K. Manasa
14.		V. Swapna	V. Swapna
15.		K. Haritha	K. Haritha.
16.		SK. Shabanabee	SK. Shabana
17.		Abdul. Shaziya Sufi	Abdul Shaz

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P. Jyothi.

18		K. Nirmala	K. Nirmala
19.		K. Naga Sirisha	K. Naga Sirisha
20.		N. Aishwarya	N. Aishwarya
21.		K. Naratli nagalakshmi	K. Naratli nagalakshmi
22.		K. Amritha Srivalli	K. Amritha Srivalli
23		P. Naga Saika	P. Naga Saika
24.		R. Venkata lakshmi	R. Venkata lakshmi
25		P. Srija.	P. Srija
26		S. Jyothi	S. Jyothi
27		A. Keerthi Priya.	A. K. Priya
28.		ch. Satya Beulah	ch. S. Beulah.
29.		T. Kusuma	T. Kusuma.
30.		S. Mounika	S. Monika.

Signature of the Lecturer

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Criteria-5

20 - 20

ATTENDANCE SHEET

Program Name : Shushmna kriya yoga
Class : BSc Ist years
Semester : 2
Date & Time 3/8/2022.

S.No	Roll No.	NAME OF THE STUDENT	SIGNATURE
		Arsa. Suchithra	A. Suchithra
		Veerla. Gnana Gayathri	V. G. Gayathri.
		Bathula. Meghana	B. Meghana.
		Chikkala Kesavilatha	ch. Kesavilatha
		Puligadda Amaravathi	P. Amaravathi
		P. Vidya Kusuma	P. Vidya Kusuma
		K. Megha Varshitha	K. Megha Varshitha
		Sk. Ayesha.	Sk. Ayesha.
		S. Mounika.	S. Mounika.
		T. Kusuma	T. Kusuma
		T. Bhavana Sri.	T. Bhavani
		K. Vasavi	K. Vasavi
		M. Sahithi	M. Sahithi
		V. Hemasri	V. Hemasri
		D. Anshya	D. Anshya.
		K. Sridevi	K. Sridevi
		P. Jyoshna Sri	P. Jyoshna Sri

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		K. Jayanthi	K. Jayanthi
		Y. Bhuvaneswari	Y. Bhuvaneswari
		ch. Sai Rajeswari	ch. Sai Rajeswari
		R. Manasa	R. Manasa
		S. Sai Vara lakshmi	S. Sai Vara lakshmi
		B. Supraja	B. Supraja.
		S. Sravani	S. Sravani
		G. Manoja	G. Manoja
		D. sri chandrika	D. sri chandrika.

Signature of the Lecturer

P. Jyothi.

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20 - 20

ATTENDANCE SHEET

Program Name : Shushmna Koriya yoga.
Class : 2 B.Com Computers
Semester : I
Date & Time 3/08/2022

S.No	Roll No.	NAME OF THE STUDENT	SIGNATURE
1	16	Parasa. Joshitha	P. Joshitha
2.	2.	Balla. Ushaswini	B. Ushaswini
3.	20	Sunkari. Niharika	S. Niharika
4.	19	Rambarki Meghana	R. Meghana
5.	22.	Gullipalli Vigneswari Atresha	G. V. Atresha
6.	10	Mamidisetti Vanitha devi	M. Vanitha Devi
7.	17	Ratakrishna Veni	R Krishnaveni
8.	1	Adivishnu. Manasvi	A. Manasvi
9.	13	Naradab Hemalatha	N. Hema
10	11	Naganabojina. Keerthi	N. Keerthi.
11	21	Seesala. mounika	S. mounika
12	9	Mahankali. Sravani	M. Sravani
13	6	T. Anusha. Jangam	T. Anusha
14	7	Kanulla. pavani	K. Pavani..
15	8	Kanulla. Sai bhavani	K. Bhavani
16	18	Rauthu. Padmavathi	R. Padmavathi
17	5	G. Lahari. Naga Pravallika	G. L. N. Pravallika

Signature of the Lecturer
P. Jyothi.

18.	15	Nagulapalli Nagalakshmi	N. Naga lakshmi
19.	08	Koduri Sirichandana	K. Sirichandana.
20.	23	SHAIK. AYESHA	SK. Ayesha
21.	12	Mungara. Prameela.	M. Prameela.
22.	25	Terli. Sruthi bya	T. Sruthi claya.
23.	04	Donavalli Bhargavi	D. Bhargavi.
24.	14	manapuram. v. kiranmai	M. V. kiranmai
25	11	kukkala. Thulasi	K. Thulasi
26.	18	Polimera. Manisha	P. Manisha
27.	06	kondapalli. Anu	K. Anu
28.	02	Bolla Greeshma Priya	B. Greeshma

signature of the Lecturer

P. Jyothi.

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20 - 20

ATTENDANCE SHEET

Program Name : Shushmna Koriya yoga.

Class : 2 B.Com vocl

Semester : 2

Date & Time 8/08/2022

S.No	Roll No.	NAME OF THE STUDENT	SIGNATURE
	1.	Adapa Devi Saranya	A. Devi Saranya.
	2.	Aalcula Bhavani	A. Bhavani
	3.	Annapareddy Pratima	A. Pratima.
	4.	Andugula Vinitha	A. Vinitha.
	5.	Arnepalli Bhavya Deepika	A. Bhavya Deepika
	6	Arnepalli Divya Sri	A. Divya Sri
	7	Akula. Navya Sri	A. Navya Sri
	8	Arigela. Anu priya	A. Anupriya.
	9	Boda. Dhiresha	B. Dhiresha.
	10	Bogadi. Jayasri	B. Jayasri.
	11		
	12	Bhimadolu. Keerthana	B. Keerthana
	13	Balapu. Neelima.	B. Neelima
	14	Bale. Reena Madhuri	B. Reena madhuri
	15	Betha la Bhumika	B. Bhumika
	16	Boda. Harika	
	17	Boddeti Rajeswari	B. Rajeswari

Signature of the Lecturer

P. Jyothi

	18	BOJJA Likhitha	B. Likhitha
	19	Bunga Jyosthna	B. Jyosthna
	20		
	21	chepuri. Madhavi	ch. Madhavi
	22	Chirithoti Pavithra	ch. Pavithra
	23	chatla. uma maheswari	ch. uma maheswari
	24	ch. G. L. Gayathri	ch. G. L. Gayathri
	25	CHEDE. Ponnari	ch. Ponnari
	26	Cherithoti. Kavya	ch. Kavya
	27	chittiBomma. mounika.	ch. Mounika.
	28		
	29	Dasipalli. Hemalatha	D. Hemalatha.
	30	Devarapalli. Mounika	D. Mounika
	31	D. Prathiba	D. Prathiba.
	32		
	33	G. Asmitha. Gonuru	G. Asmitha
	34	G. Pavani. Gummadi	G. Pavani
	35	Gayela. chandrika.	G. chandrika
	36	Golla. Ramya	G. Ramya.
	37		
	38	Guruguntla. Kavitha	G. Kavitha
	39	Jalluri. Nuthana Jyothi	J. Nuthana Jyothi
	40	Jayamangala Sravanthi	J. Sravanthi
	41	Jayamangala Swarupa	J. Swarupa
	42	JETTI. DEVI SRI	J. Devi Sri
	43	Joga. Eswari	J. Eswari
	44	Kurma mariyamma	K. Mariyamma
	45	Kanipedu. Mandli	K. Mandli.
	46	Kalidasu. Janaki	K. Janaki
	47	Kondapalli SAI JYOTHI	K. SAI JYOTHI
	48	Kalavakollu padmavathi	K. padmavathi

Signature of the Lecturer

P. Jyothi.

49	Polipogu Krupa Jyothi	J. krupajyothi
50	Kolluku. Bhagya Lakshmi Sai Durga.	K.B.L.S. Durga.
51	Kondala. Manika Sai Lakshmi.	K. Manika
52	Kotha. Pravallika	K. Pravallika.
53	Chinnam. vimla devi	ch. vimala devi

signature of the Lecturer
R. Jyothi.

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2021 - 2022

ATTENDANCE SHEET

Program Name : Shushmna Koriya yoga
Class : B.Com V1
Semester : 2
Date & Time 3/8/2022

S.No	Roll No.	NAME OF THE STUDENT	SIGNATURE
1.	3.	Y. Kethana lakshmi	Y. Kethana lakshmi
2.	14.	D. May Velangini	D. May velangini
3.	10	P. Charitha	P. Charitha
4.	7	G. Vasavi	G. Vasavi
5.	6	M. Keerthi	M. Keerthi
6	17	T. Anjana	T. Anjana
7	5	A. Jaya Venkata Poloni	A. Jaya Venkata Poloni
8	11	K. priyanka	K. priyanka
9	16	K. Alekhya	K. Alekhya
10	15	B. Akhila	B. Akhila
11	18	K. Swapna	K. Swapna
12	19	D. Divya	D. Divya
13	20	R. Chandini	R. Chandini
14	21	B. Radha kumari	B. Radha Kumari

Signature of the lecturer
P. Jyothi.

B.Vasanthi Madam Delivering about the process of Shushmna kriya yoga

Smt P Sailaja Principal of Sir C R Reddy College for Women, Participated in the gathering

II Year Students attended the Programme on Sushumna Kriya Yoga